



QUANTUM MEDS RESET!

Reduce Stress and Improve Focus



WHAT IS RESET?



RESET! Is a powerful new formula for the resetting of the nervous system after flight -or- fight reactions or high stress situations. It is able to turn off the gnawing edge of distress or anxiety and when taken regularly it will help overcome the effects of long-term trauma . RESET! is based on a synergistic blend of several relaxant herbs which won't make you sleepy or cause drowsiness but will relieve the angst of stress and raw frayed nerve reactions in a calming way. Excess stress results in lingering headaches, loss or increase of appetite, and eventually

begins to effect your body's immune system. Managing stress on a day to day basis can prevent many long term effects such as, high blood pressure, cholesterol, and heart disease. Stress can greatly affect our daily activities which prevents us from being fully tentative to our work and being able to enjoy their relationships and recreational activities to there fullest. Try RESET! today to take charge of the stress in your life and to live it to its fullest.



What Can Reset Do For You?

- * Increased Energy Levels
- * Counteract Stress
- * Improved Focus
- * Reverse Long-Term Trauma
- * Calm Mood
- * Increased Growth Hormone Levels
- * Improved Immune System

Health and Harmony Products LLC.

"Providing The Future Of Wellness, Today! Through Multidimensional Products."

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Effects Of Stress

Our bodies are programmed to respond to stressful events by what is known as a "flight or fight" response. During this physiological reaction, the body releases adrenalin and cortisol. Adrenalin is a hormone that raises your heart rate and gives you energy so you can deal with urgent situations. Cortisol suppresses nonessential body functions, like the digestive and reproductive systems so the body is fully focused on responding to the current issue. In an emergency, this response is essential because it allows us to respond quickly to a crisis. However, it is easy to see what the harmful effects of stress might be if this reaction is forced to continue indefinitely.

The harmful effects of stress might include the development of irritable bowel syndrome, GERD or chronic constipation. If you already have one of these conditions, stress can make them worse. These conditions might also be exacerbated with poor eating habits that are typical during stressful times. People in challenging situations have a tendency to gain weight as well, since they don't stick to a healthy fare or a daily exercise regimen as well as they should.

It is not unusual for people in difficult circumstances to experience chronic pain, headaches or difficulty sleeping.

RESET!
Is a clinically tested blend of herbal extracts used to elevate mood, reduce stress, and RESET the nervous system.



INGREDIENTS: THE BREAK DOWN

Mitragyna Speciosa is used as a stimulant in high doses and as a relaxant in low doses.

Mucuna Pruriens is commonly used as a carminative, hypertensive and hypoglycemic agent.

Sceletium Tortuosum elevates mood and decreases anxiety, stress and tension.

L-Phenylalanine is an amino acid that is shown to combat depression.

Calea Zacatechichi has shown increased brain function during stage one of sleep (known as sleep herb).

5 HTP helps control appetite, mood, insomnia, and fibromyalgia.

Hypericum Perforatum (St. John's Wort) is commonly used to treat depression.

Rhodiola Rosea is used for memory, attention span, mental sharpness, anxiety/panic attacks, depression, mental/physical fatigue, and focus.

GABA is an amino acid used that has been shown to have calming effects, eliminate depression, and increase growth hormone levels.

Valerian has been shown to inhibit the break down of the amino acid GABA. Many studies show that this root can also be used in treatment for ADHD. It has been used for centuries as a natural sleep aid and anxiety reliever.

DMAE has been shown to increase alertness and attention span. Many studies also suggest it is used to combat depression and anxiety.

SAME is used by many in the treatment of Alzheimer's Disease. It has been used in treatment for major depression, and long term use as a treatment for migraine headaches.

Flower Essences have been used for centuries for inner growth and awareness.

Standard products today only effect the physical aspect. Health and harmony created Multidimensional products to address not only physical, but spiritual, mental, and emotional levels as well.

Deepak Chopra said that the greatest pharmacy is between a person's two ears (the brain) and as such the inner intelligence of the body, which maintains equilibrium in all systems, can be influenced by thought, speech, beliefs, and attitudes. Higher vibrational thought such as thoughts about higher purposes in life, doing good to others, loving others is a spiritual aspect of vibration. When we live in an inner environment of love, grace, peace, and forgiveness, we will be healthier and happier. **Multidimensional products encourage higher vibrational influences to aid the body, emotions, mind, spirit, and soul. The animating force of life, inner intelligence has an affinity for higher purposes and a desire to be in equilibrium or balance.** Experience has shown that by addressing the inner-intelligence of the body, the healing effect is heightened with fewer complications. Our products work with the body to encourage its natural processes in the order that the body would like them to be addressed.

We at Health and Harmony work day and night in order to ensure that you wake up in a world where you never hear the words, "There is no cure."

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